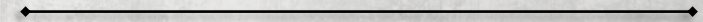




Mandala

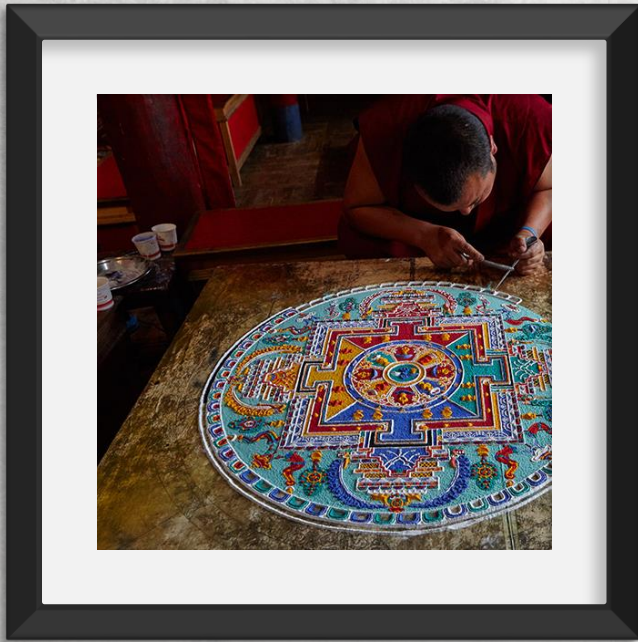
Meditation on a page!



Before we begin...

- My aim is for you all to have one to two hours of assigned work per week.
- We have been instructed by the school district to not overload our students. However, the assignments I post are fully adaptable to engage you at whatever level you find yourself at.
- However, minimal or zero engagement will be reflected in your progress!
- We will do weekly check in to see your progress and answer any questions.
- Of course, I am only an email away. Zoom and Skype are also available if you prefer video or voice chat over email.

OKAY. LETS GET STARTED!



What is a mandala?

A mandala is a geometric configuration of symbols, arranged in a repeated radial design.

There is a long history of mandala design, spanning several cultures and religions. If you are interested in learning more about the origins and modern uses of mandala, there is a good Wikipedia article here:

<https://en.wikipedia.org/wiki/Mandala> (Optional)

Your Task for this Week.

- Create your own mandala. Be experimental. Be patient. If you struggle with focus, do not try to do this all in one sitting. Spread it out!
- DO NOT LET THIS PANIC OR STRESS YOU. Do your best. All things come with practice, so please don't be afraid to engage in the process.
- Medium – your choice!

I realize that some of you do not have everything we might normally use in an art class, so I will leave this open to you. By all means, get creative!

Some ideas for media might include: pencil, ballpoint pen, sidewalk chalk, tea (use a tiny amount of water to a teabag and allow to steep for some time).

Please, please, please don't hesitate to contact me should any issues or difficulties arise. I'm still here for you!



Be creative with your use of media.

How about sidewalk chalk? Ballpoint pen? Home made inks with teas? Be experimental! Paint spots? Objects arranged in a mandala?









**MANDALA COFFEE
PAINTING WORKSHOP**
with RHEA DAJADA (IG: @mayangdajada)
Saturday, 6th April 2019 | 10am - 1pm
Fee: S\$90
(inclusive of materials to bring home & refreshments)
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